



E-SAFETY

WHAT IS IT AND WHAT CAN I DO AS A PARENT TO SAFEGUARD MY CHILD?

IT COVERS ALL SORTS OF THINGS

- In school, we teach the children:
 - To not share personal information
 - About self-image and identity
 - About cyber bullying
 - What to do when they are concerned when browsing the internet
 - Who they can talk to about online safety
 - About appropriate online relationships and their reputation online

HOW DOES THIS CONCERN PARENTS?

- The access children have to online resources is astronomical.
- We need to put in measures to ensure children are not exposed to inappropriate content while trying to surf the internet.
- It is everybody's responsibility to ensure the safety of children online.

WHAT CAN YOU DO?

- Most tablets or phones will have a setting where you can limit screen time.
- Turn on parental controls that are password protected (with the password only known by the adults in the household).
- Talk to your internet service provider about blocks and filters you can put in place.
- Talk to your children about it.